

Drug and Alcohol Fact Sheet

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Prepared By: Departmental Drug Office

Inside DOT Statistics

The Department of Transportation's Federal Employee Drug and Alcohol Testing Program Statistics for Fiscal Year 1999, October 1, 1998 – June 30, 1999:

	<u>TOTAL TESTED</u>	<u># OF POSITIVES</u>
Random Drug	6,521	18
Follow-Up	648	2
Reasonable Suspicion	12	1
Post Accident	53	0
Pre-employment	94	0
FAA Pre-employment	473	4
Voluntary	0	0
Random Alcohol	2569	1
CDL Alcohol (CY 99)	5	0
CDL Drug (CY 99)	38	0

The Department of Transportation's Fiscal Year 1999 random drug testing positive rate of .3% is well below the latest published government positive rate of .6%.

"Did You Know?" Korner

- ◆ Methamphetamine use among high school seniors more than doubled between 1990 & 1996.
- ◆ Every pound of Methamphetamine produced leaves behind five to six pound of toxic waste.
- ◆ Seizures of clandestine Methamphetamine labs in the Midwest increased tenfold from 1995 to 1997.
- ◆ Methamphetamine accounts for up to 90 percent of all drug cases in many Midwest communities.
- ◆ Methamphetamine kills by causing heart failure, brain damage and stroke.
- ◆ Methamphetamine-induced paranoia has led to numerous murders and suicides.
- ◆ Methamphetamine users are the hardest to treat of all drug users.
- ◆ Methamphetamine is highly addictive.

Information Source: www.kci.org -- Koch Crime Institute

Substance Awareness Facts - Methamphetamine

Methamphetamines are synthetic amphetamines or stimulants that are produced and sold illegally in pill form, capsules, powder, and chunks. Methamphetamines stimulate the central nervous system, and the effects may last anywhere from 8 to 24 hours. Crank and ice are two Methamphetamines that are extremely addictive and produce a severe craving for the drug.

Crank – refers to any form of Methamphetamine.

Ice – is a crystallized smokeable chunk form of Methamphetamine that produces a more intense reaction than cocaine or speed. Ice is clear & crystal-like, and resembles frozen water.

Short Term Effects:

- ◆ increased alertness; sense of well-being; paranoia; intense high; hallucinations; aggressive behavior; increased heart rate; convulsions; extreme rise in body temperature (as high as 108 degrees which can cause brain damage and death); insomnia; uncontrollable movements (twitching, jerking, etc.); violent behavior; impaired speech; dry, itchy skin; loss of appetite; acne; sores; and numbness.

Long Term Effects:

- ◆ fatal kidney and lung disorders; possible brain damage; depression; hallucinations; disorganized lifestyle; violent and aggressive behavior; permanent psychological problems weight loss; insomnia; behavior resembling paranoid schizophrenia; decreased social life; malnutrition; poor coping skills; liver damage; stroke; disturbance of personality development; lowered resistance to illnesses; and death.

Withdrawal Symptoms:

- ◆ Severe craving; insomnia; restlessness; mental confusion; and depression.

Information Source: www.lec.org – The Life Education Network

Looking For Help - Call:

National Drug Info. Treatment/Referral: 1-800-662-4357
Narcotics Anonymous: 1-800-896-8896
DOT Employee Assistance Program: 1-800-222-0364
FAA Employee Assistance Program: 1-800-234-1EAP

"A Life of Substance Abuse is Life Without Substance"